



“PCLA mission is to promote, support and protect breastfeeding through education, outreach and collaboration within our community”

Our Vision is to create a more healthful Pierce County through promotion and support of breastfeeding.



PIERCE
COUNTY
LACTATION
ALLIANCE

COMMUNITY RESOURCES

Lactation Clinics

Family Birth Center at St. Joseph Medical Center

(253) 382-8580

MultiCare- Good Samaritan- Breastfeeding Classes

(253) 697-1209

MultiCare- Tacoma General Hospital- Breastfeeding Classes

(253) 403-1331

Madigan Army Medical Center

Madigan Labor and Delivery-Lactation & consultant

(253) 968-2774 and (253) 968-1844

Virginia Mason Franciscan Health- Breastfeeding Classes

1-888-825-3227

The Birthing Inn (Lactation and Baby Feeding Classes)

(253) 761-8939

Fern Lactation

(253) 780-1700

Pediatrics Newborn Clinic Lactation Services

(253) 968-0418

Family Medicine Clinic Lactation Services

(253) 968-2637

Community Organization

Supporting Lactation

Tacoma-Pierce County Health Department

Nurse-Family Partnership

(253) 649-1404

Black Infant Health

253-649-1404

Family Connects Washington-Pierce County

Baby Lounges- Family Support

info@familyconnectswa.org

Infant feeding in Emergencies (Multilingual)

La Leche League International (liliorg)

Hand Expression of Milk Information

<https://www.cdc.gov/nutrition/emergencies-infant-feeding/hand-expression.html>

Melanin and Mothers milk lactation group

(253) 448-3635

Open Arms:

Breastfeeding program and Breastfeeding Peer Counselor Programs

(206) 866-0729

breastfeeding@openarmsps.org

Open Arms Perinatal services lactation lounge

bfpc@openarmsps.org

Breastfeeding USA

www.breastfeedingusa.org

Global Perinatal Services

Lactation Lounges. Childbirth Education classes. Mom's Support Groups. Father Support Groups. along with Doula services both Prenatal and Postpartum. Doulas from all over the World that speak over 15 languages.

206-679-0782

Info@globalperinatal.org

WIC Offices Pierce County

MultiCare- Mary Bridge Children's WIC locations

(253) 403-1349

<https://www.marybridge.org/patients-visitors/patient-family-support-services/wic-nutrition-services/wic-locations/>

Puyallup Tribal Health Authority- WIC

(253) 593-0232

<https://eptha.com/departments-and-services/wic/>

Sea Mar Community Health Centers- WIC Pierce County

(253) 280-9851

<https://www.seamar.org/wic-nutrition.html>

Virginia Mason Franciscan Health- WIC locations

(253) 588-9597

<https://www.vmfh.org/our-services/pregnancy-childbirth/family-education>